

Mental Health Initiatives for the Public Safety Sector

Ministry Funded Programs



Updates

- MHS4PSP Program (Warrior Health)
- Anti-Stigma Strategy
- Prevention Plans

MHS4PSP

Funded by SOLGEN

Delivered through Warrior Health

MHS4PSP Program

Program Component	Executing
1. Core Services (<i>free at point of use for PSP and families</i>) <ul style="list-style-type: none"> • iCBT services • Self-screening tools • Educational resources • 24/7 PSP Service Hub (for navigational assistance) • 24/7 Peer Support phone line • Access to PSPNET Families portal and programs 	Warrior Health
2. Fee-for-Service supports (<i>for purchase by PSOs</i>) <ul style="list-style-type: none"> • General wellness programs • Peer support training • Leadership training • Mindfulness programs • Supports to reduce stigma • Pre-employment screening and recruitment tools 	Warrior Health
Grant Program <ul style="list-style-type: none"> • Funding to subsidize fee-for-service supports • Recommendation to submit an updated Prevention Plan • Express interest to participate in the Anti-Stigma Strategy 	SOLGEN



Warrior Health Consortium

- Wound Warriors Canada
- Homewood Health
- CAMH
- Trillium Health Partners
- Boots on the Ground

WarriorHealth.ca

- Updated list of Fee-for-Service programs available for purchase by PSOs

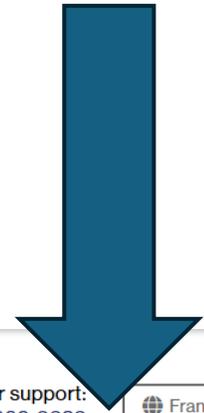


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Grant Program- Ministry of the Solicitor General

- Program guideline and application forms can be accessed on the MHS4PSP Grant Program 2025-26 TPON page.
- Applicants are to submit and upload the completed application form and supporting documents to TPON by **June 27, 2025**. Please also email the Mental Health Secretariat confirmation of your submission with the same copies to our inbox below.

Please direct any questions to
MH.Secretariat@ontario.ca

Anti-Stigma Strategy

Funded by SOLGEN

Delivered through PSHSA and others

Provincial Anti-Stigma Strategy

2025 to March 31, 2027

Program Component	Executing
1. PSP Mental Health Website	PSHSA
2. Campaign and Promotional Collateral	PSHSA
3. Basic Mental Health Leadership Training	PSHSA
4. Intensive Mental Health Leadership Training	TBD
5. Peer Support Network	SOLGEN
6. Organizational Guidelines	SOLGEN
7. Evaluation	TBD

The pilot will involve approximately 40 PSOs, with representation from across all PSP sectors. Participation is open to all provincial municipal, regional, and First Nations PSOs, regardless of staffing composition (full time, part time, volunteer).

The goal of the strategy is to help create work environments where people feel confident to seek mental health support.

- **Knowledge mobilization**
- **Enhanced mental health literacy**
- **Normalizing mental health challenges**
- **Building leadership skills and competencies to combat stigma and facilitate a shift in organizational change.**

Website + Campaign

April to June 2025

July to March 2026

Discovery + Engagement

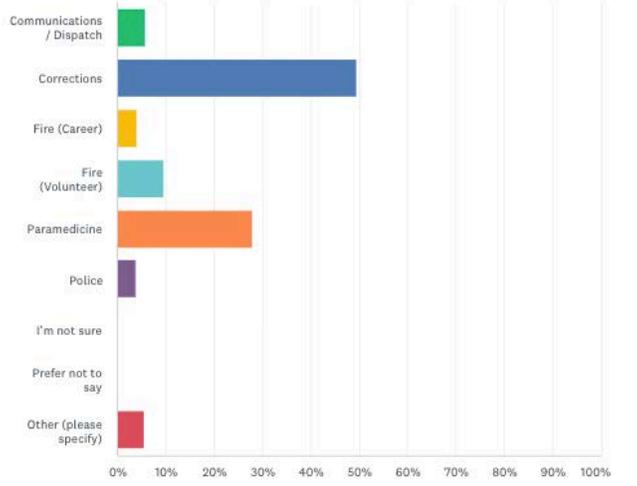
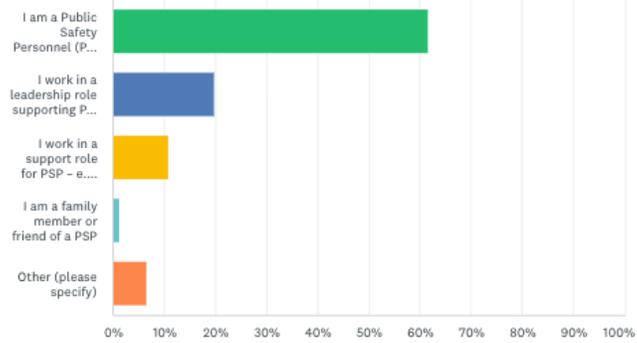
Design + Build

- 9 Interviews
- 3 Focus Groups
- 1 User Stories
- 491 Survey Respondents
- Report of Findings

- Resources
- Website
- Campaign
- Collateral

Which of the following best describes your role? (Select one)

Answered: 491 Skipped: 0



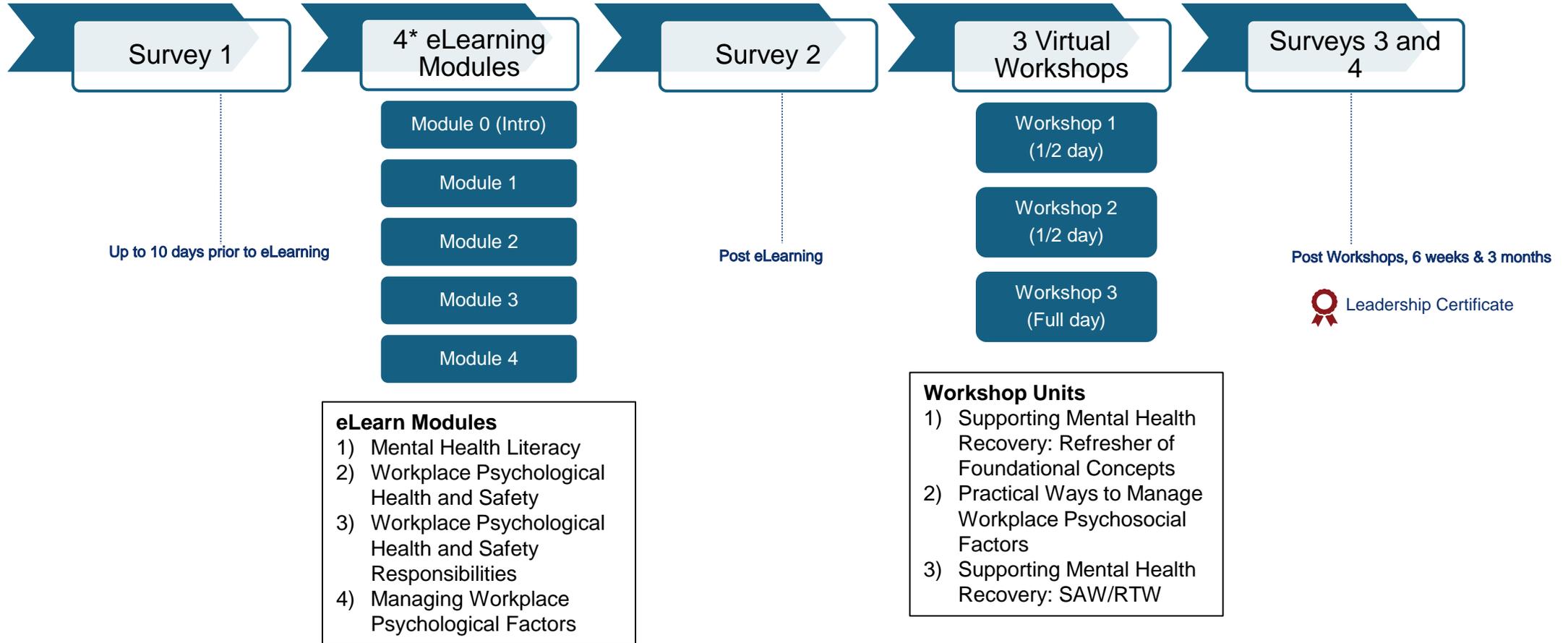
Partners



ANSWER CHOICES	RESPONSES
Communications / Dispatch	5.70% 28
Corrections	49.49% 243
Fire (Career)	4.07% 20
Fire (Volunteer)	9.57% 47
Paramedicine	27.90% 137
Police	3.87% 19
I'm not sure	0.20% 1
Prefer not to say	0.20% 1

Mental Health Leadership Training

Learning Path



*5 modules total (includes Module 0: Introduction/Navigation)

WITHOUT STIGMA: MENTAL HEALTH IN THE WORKPLACE LEADERSHIP TRAINING

Prevention Plans

Enabling Mental Illness Prevention in First Responder Workplaces (EMIP) Project

Prevention Plans

Funded until March 31, 2026

Program Component	PSHSA Executing
1. Prevention Plans Current State Analysis	Research team
2. PTSI resources update	Research team
3. Prevention Plans consulting	Consultants
4. Training - Managing Mental Health SAW/RTW	Consultants
5. Training - R2 The Fundamentals and R2 for Leaders	Consultants
6. OSIR assessment	Consultants
6. OSIR validation study	IWH



Webinar – June 24th 12-1pm

<https://www.pshsa.ca/ptsi-prevention-in-public-safety>

PTSD Prevention Framework

2017

PTSD Prevention Program Framework

#FIRSTRESPONDERSFIRST
firstrespondersfirst.ca

IMPLEMENTING BEST PRACTICES

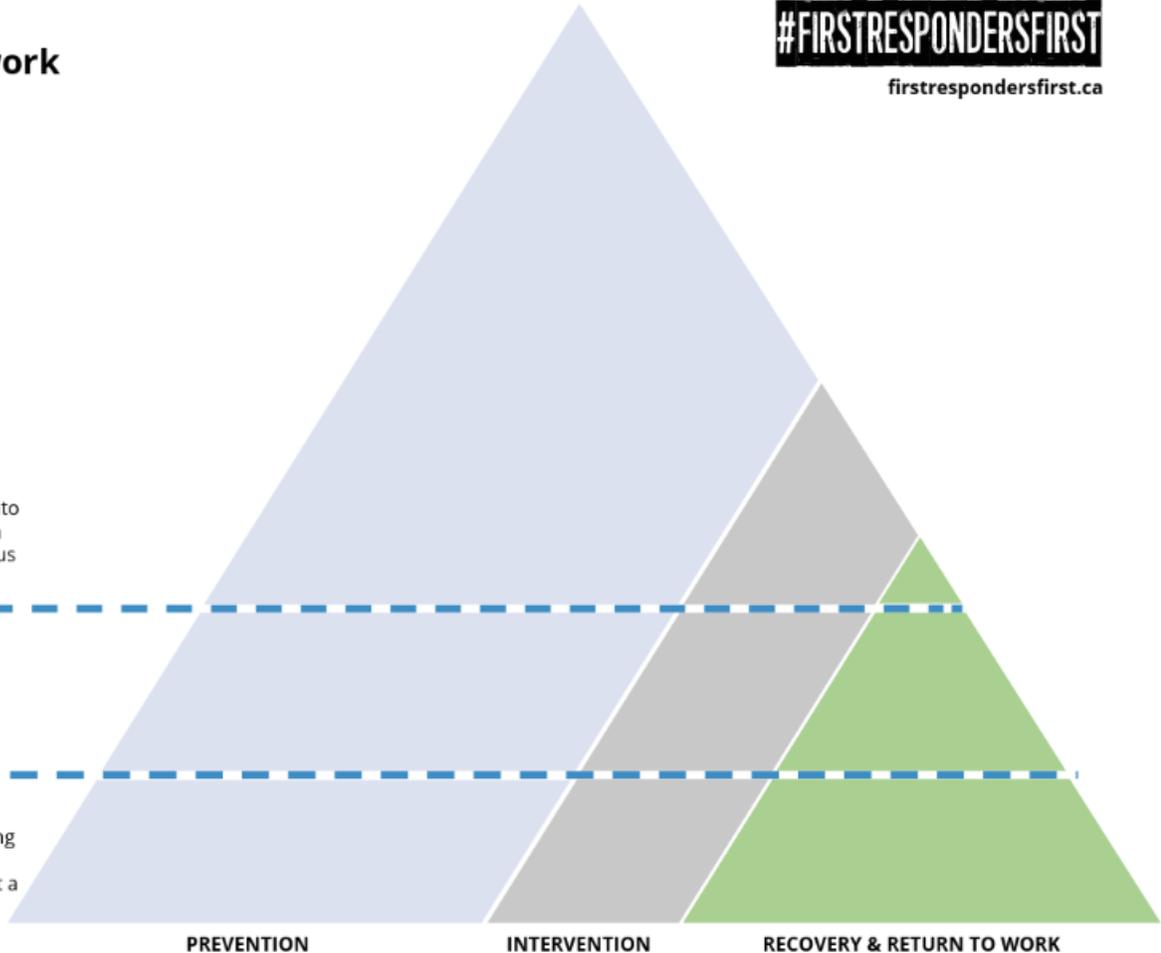
At this stage the employer is ready to implement best practices into an already functioning program. There is an interest in evaluation and research. They may also be interested in expanding their focus to general wellness.

TAKING PROACTIVE STEPS

This stage of the journey is about moving from a reactive state to a proactive state. The employer has the basics in place and is ready to develop a more comprehensive program.

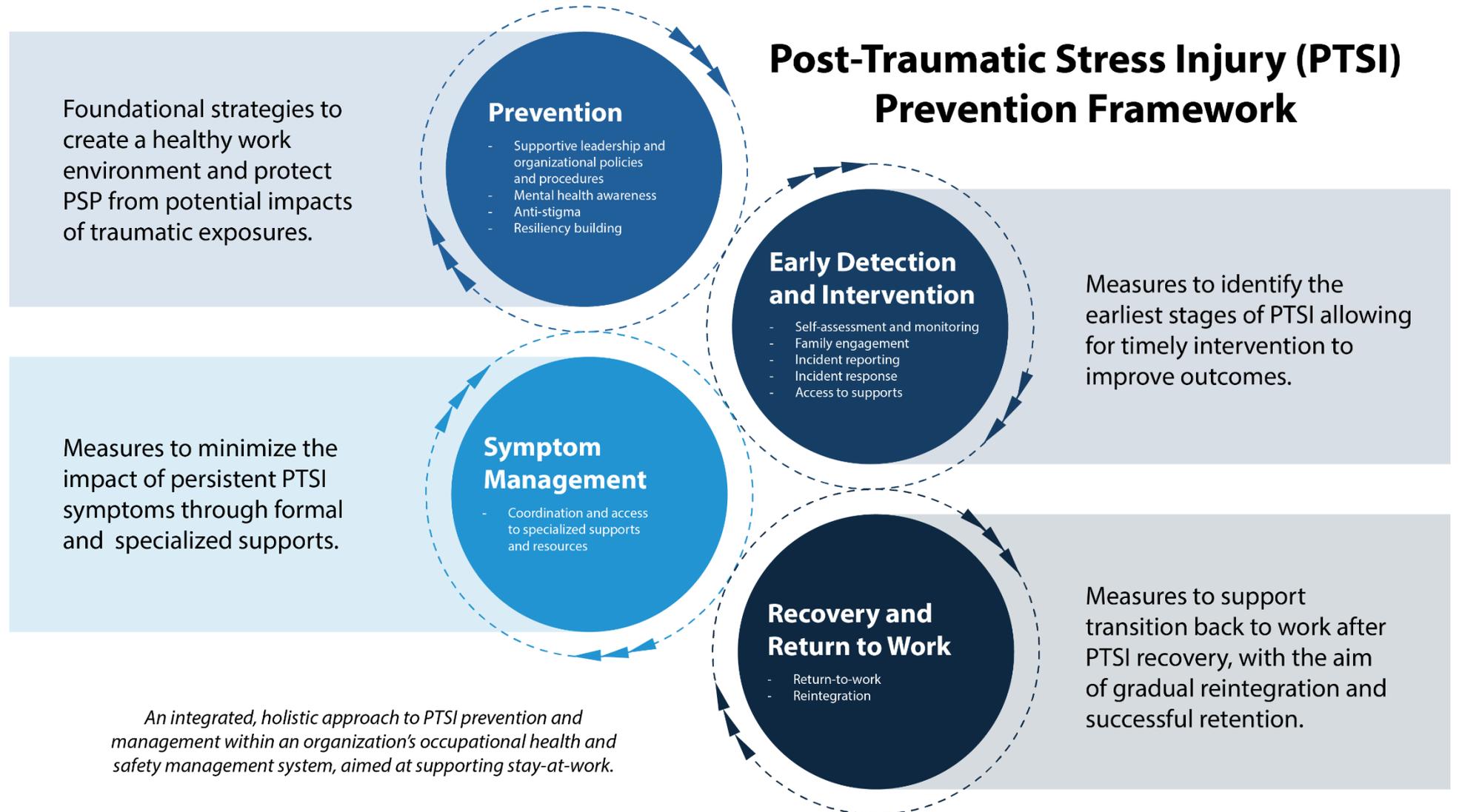
JUST GETTING STARTED

At this stage of the journey the employer needs help understanding their legal requirements and potentially help dealing with a crisis. They are looking for basic support and may not be able to support a significant investment. The goal is to get them started with basics.



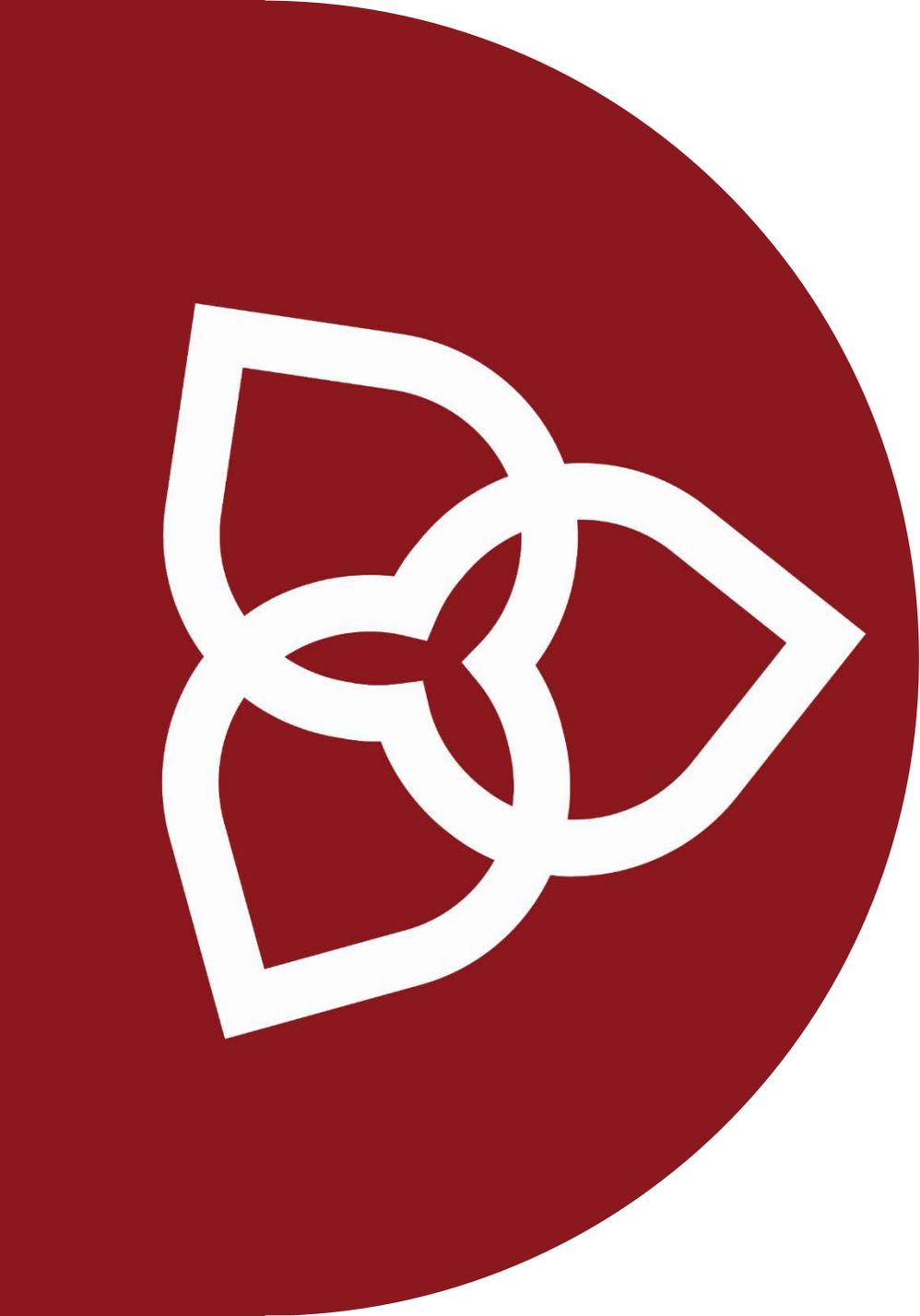
PTSI Prevention Framework

2025



Upcoming Activities

- PTSI Checklist – included in the MHS4PSP application guidelines
- <https://forms.office.com/r/aFV3HmgwLY>
- Express interest in participating in the Anti-Stigma Pilot
- PreventionPlan@pshsa.ca



Thank You