## Pharmacists prescribing for minor ailments

Presenters: Cassandra Tsai & Joe Civello | September 20, 2023



#### Background

As of January 1, 2023, the province announced that Ontario pharmacists can now prescribe medications for 13 minor ailments. The intended purpose of this change is to expand the pharmacist's ability to provide care, improve patient access to health care, and help reduce the current strain on primary care.

#### Provincial update:

Effective October 1, 2023, the province is expanding the pharmacist's ability to provide care for six additional minor ailments, adding to the list of 13 that came into effect at the beginning of 2023.





# 19 minor ailments treated by pharmacists

## **Some** of the ailments listed below can result from work-related injuries or illnesses:

- Hay fever (allergic rhinitis)
- Oral thrush (candida stomatitis)
- Pink eye (conjunctivitis; bacterial, allergic or viral)
- Dermatitis (atopic, eczema, allergic and contact)
- Menstrual cramps (dysmenorrhea)
- Acid reflux (gastroesophageal reflux disease (GERD))
- Hemorrhoids
- Cold sores
- Impetigo
- Insect bites and hives
- Tick bites (PEP to prevent Lyme disease)
- Sprains and strains (musculoskeletal)
- Urinary tract infections (uncomplicated)
- Acne (mild)
- Aphthous ulcers (canker sores)
- Diaper dermatitis
- Vulvovaginal candidiasis
- Pinworms and threadworms
- Nausea and vomiting of pregnancy

New!
Effective
October 1, 2023



## What you need to know





Health care

Section 32 of the WSIA and Policy 17-01-02, Entitlement to Health Care, state the receipt of prescription drugs is considered health care

Over-the-counter (OTC) recommendations are **not** considered health care



Reporting obligations

Policy 15-01-02,
Employers' Initial AccidentReporting Obligations
states employers must
report a work-related
accident to the WSIB if
they learn that a worker
requires health care
(i.e., prescription drugs
from a pharmacist)



When you **must** to report

When a person with injury or illness seeks a minor ailment assessment with a pharmacist and receives prescription drugs



When you **do not** need to report

When a person with injury or illness seeks a minor ailment assessment with a pharmacist who recommends OTC treatment

Exception(s): Lost time, pay or modified duties greater than seven calendar days

When in doubt, report the injury to the WSIB



#### How to report

- No new WSIB forms
- Complete the Employer's Report of Injury or Illness (Form 7)
- Complete the Health Care section of the report:
  - 1. Did the worker receive health care for this injury.

Check: "Yes"

Input: Date of health care

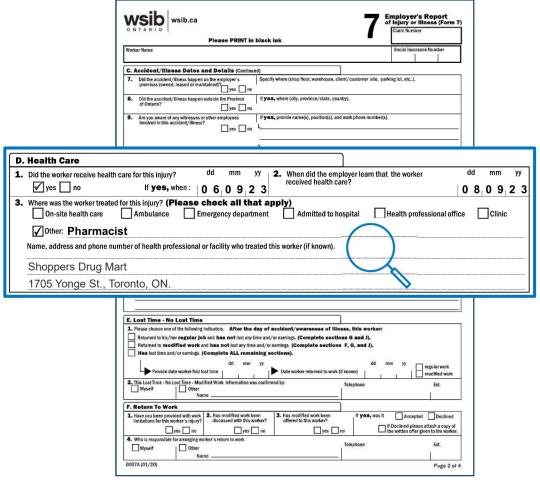
2. When did the employer learn that the worker received health care?

**Enter: Date notified** 

3. Where was the worker treated for this injury?

Check: "Other"

Type: "Pharmacist"





#### Adjudicative process

"The purpose of the pharmacist's assessment is **not to diagnose**, but to determine the most appropriate therapeutic option for the patient"

Ontario College of Pharmacists

Policy 11-01-01, Adjudicative Process, states an allowable claim must have the following five points:

- an employer,
- a worker,
- personal work-related injury,
- proof of accident, and
- compatibility of diagnosis to accident or disablement history.

# Our approach to decision-making

- Provide education to the person with injury or illness that pharmacists are unable to provide a diagnosis.
   As a result, we are unable to adjudicate the claim for WSIB benefits.
- 2. Recommend health care with a physician, physiotherapist, chiropractor or nurse practitioner.
- If the person with injury confirms their intention to seek further health care, the decision maker will hold onto the claim and adjudicate it once the health care report or confirmation is obtained.
- 4. If no further health care is required or the person with injury or illness does not follow through on their commitment to receive further health care, the claim will be **held in abeyance** or **denied** (applies to requests for secondary entitlement).





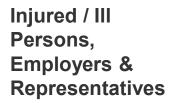
#### Pharmacist billing and reporting



- Collaboration with Ontario Pharmacist's Association (OPA)
- Minor ailment assessment fee:
  - Alignment with Ministry of Health and Long Term Care in collaboration with OPA
- Pharmacist Records:
  - Pharmacist provides copy of health records to primary health provider
  - In rare circumstances, WSIB may contact pharmacists for records



#### Education & key messages



- · Initial accident-reporting obligations
- · When pharmacists prescribing for minor ailments is considered health care
- Guidance to refer people with injuries or illness to seek further health care
- How to complete the Employer's Report of Injury (Form 7) to accurately reflect treatment by a pharmacist.

#### Pharmacists, Pharmacy Association & College

- To ask patients if they are being assessed for a work-related injury/illness
- Refer people with work-related injuries/ illnesses to a physician, physiotherapist, chiropractor or nurse practitioner for further assessment and diagnosis
- Encourage people with injuries or illnesses to report the injury to their employer and/or WSIB
- Billing & payment information



# Discussion

